

2014 Autumn Season

Training Schedule



Head Coach: Ferruccio Servello (0409 638 761)

Round 1: (Open & 17's) Tuesday 4 February, (15's) Thursday 6 February and (Netta, 11's and 13's) Saturday 1 March

Day	Date	Teams	Times	Venue	Courts
Tuesday	14 th Jan	Open & 17's	6.30pm – 7.30pm	AAP	
Thursday	16 th Jan	Open & 17's	6.30pm – 7.30pm	AAP	
Tuesday	21 st Jan	Open 15's & 17's	6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	3 & 4
Friday	23 rd Jan	Open 15's & 17's	6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	3 & 4
Tuesday	28 th Jan	Open 15's & 17's	6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	3, 4 & 5
Friday	31 st Jan	Open 15's & 17's	6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	3, 4 & 5 (Final Team Selections)
Friday	7 th Feb	Netta & 11's Open 13's, 15's & 17's	5pm – 6pm 6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	1 & 2 3, 4, 5 1, 2, 3, 4, 5
Friday	14 th Feb	Netta & 11's Open 15's & 17's	5pm- 6pm 6pm – 7pm 7pm – 8pm	AAP AAP	6 & 7 Preston
Friday	21 st Feb	Netta & 11's Open 13's, 15's & 17's	5pm – 6pm 6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	1 & 2 3 – 5 1 - 5
Friday	28 th Feb	Netta & 11's Open 13's, 15's & 17's	5pm – 6pm 6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	1 & 2 3 – 5 3 – 5, 6, 7
Friday	7 th March	NO TRAINING: LONG WEEKEND			
Friday	14 th March	Netta & 11's Open 13's, 15's & 17's	5pm – 6pm 6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	1 & 2 3 – 5 3 – 5, 6, 7
Friday	21 st March	Netta & 11's Open 13's, 15's & 17's	5pm – 6pm 6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	1 & 2 3 – 5 1 - 5
Friday	28 th March	Netta & 11's Open 13's, 15's & 17's	5pm – 6pm 6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	1 & 2 3 – 5 3 – 5, 6, 7
Friday	4 th April	Netta & 11's Open 15's & 17's	5pm – 6pm 6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	1 & 2 3 – 5 1 - 5
Friday	11 th April	Open	6.30pm – 7.30pm	AAP	
Friday	18 th April	NO TRAINING: EASTER			
Thursday	24 th April	Open 17's	6pm – 7pm 7pm – 8pm	AAP	Preston

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Friday	2 nd May	Netta & 11's Open 13's, 15's & 17's	5pm – 6pm 6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	1 & 2 3 – 5 3 – 5, 6, 7
Friday	9 th May	Netta & 11's Open 13's, 15's & 17's	5pm – 6pm 6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	1 & 2 8, 9 8, 9
Friday	16 th May	Netta & 11's Open 13's, 15's & 17's	5pm – 6pm 6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	1 & 2 3 – 5 3 – 5, 6, 7
Friday	23 rd May	Netta & 11's Open 17's 13's & 15's	5pm – 6pm 6pm – 7pm 7pm – 8pm 7pm – 8.30pm	State Netball Centre AAP AAP State Netball Centre	1 & 2 5, 6, 7
Friday	30 th May (Spring Trials)	Netta & 11's Open 13's, 15's & 17's	5pm – 6pm 6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	1 & 2 3 – 5 3 – 5, 6, 7
Friday	6 th June	NO TRAINING: LONG WEEKEND			
Friday	13 th June	Netta & 11's Open 13's, 15's & 17's	5pm – 6pm 6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	1 & 2 3 – 5 3 – 5, 6, 7
Friday	20 th June	Netta & 11's Open 17's 13's & 15's	5pm – 6pm 6pm – 7pm 7pm – 8pm 7pm – 8.30pm	State Netball Centre AAP AAP State Netball Centre	1 & 2 6, 7
Friday	27 th June	Netta & 11's Open 13's, 15's & 17's	5pm – 6pm 6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	1 & 2 3 – 5 3 – 5, 6, 7
Friday	4 th July	NO TRAINING			
Friday	11 th July	Open & 17's	6.30pm – 8pm	State Netball Centre	3 - 5
Friday	18 th July	Netta & 11's Open 13's, 15's & 17's	5pm – 6pm 6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	1 & 2 3 – 5 1 - 5
Friday	25 th July	Netta & 11's Open 13's, 15's & 17's	5pm – 6pm 6pm – 7.30pm 7.30pm – 8.50pm	State Netball Centre	1 & 2 3 – 5 1 - 5

Finals:

Saturday: 19th July, 26th July and GF: 2nd August (Netta and 11's keep playing)

Tuesday: 22nd July, 29th July & GF: 5th August

Thursday: 3rd July, 17th July & GF: 24th July

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UNIFORM:

Matches: Full metro jacket and pants tracksuit

Training: Hoodie may be worn and training singlet with black leggings/shorts

Communication:

Matches: Directly with your coach:

Ferruccio (metro 1, metro 3 & 15/2) – 0409 638 761

Joe (metro 2 & metro 5) – 0412 790 583

Lyn (metro 4 & Saturday Co-ordinator)– 0414 866 477

Kate (17/1) – 0415 264 242

Vivien (17/2) – 0435 470 282

Caroline (17/3) – 0438 071 980

Melinda (15/1) – 0438 318 896

Hayley (15/3) – 0431 063 905

Michelle (15/4) – 0401 788 916

Training:

All communication is to be with the head coach, Ferruccio. Players not attending training *may* receive less court time at matches.

Players are expected to be prompt for training and inform their coach of any injury prior, during and after training. In the event of a severe injury that prevents a player not finishing a training session or not attending a match, a certificate from a Physio is needed for the player to resume

Fees:

Due Date: Before Friday 16th August.

Fees cover: Match fees, Training, coaches, team registration and MVP Night.

Bond covers: Tracksuit and training singlet.

Open Players must pay a \$50 bond for their A-Line dress. 15's & 17's must pay \$65 for a bodysuit dress.